General Health and Emergency Contact Information

List any medications you are currently taking:
List any allergies:
List diffy differences.
List any health issues or pre-existing conditions:
Preferred phone number:
Alternate phone number:
Preferred email address:
Treferred chian address.
Alternate email address:
Preferred method of contact: () Primary phone () Primary email
Emergency contact:
zmergency contact.
Emergency contact phone number(s):
Emergency contact relationship: